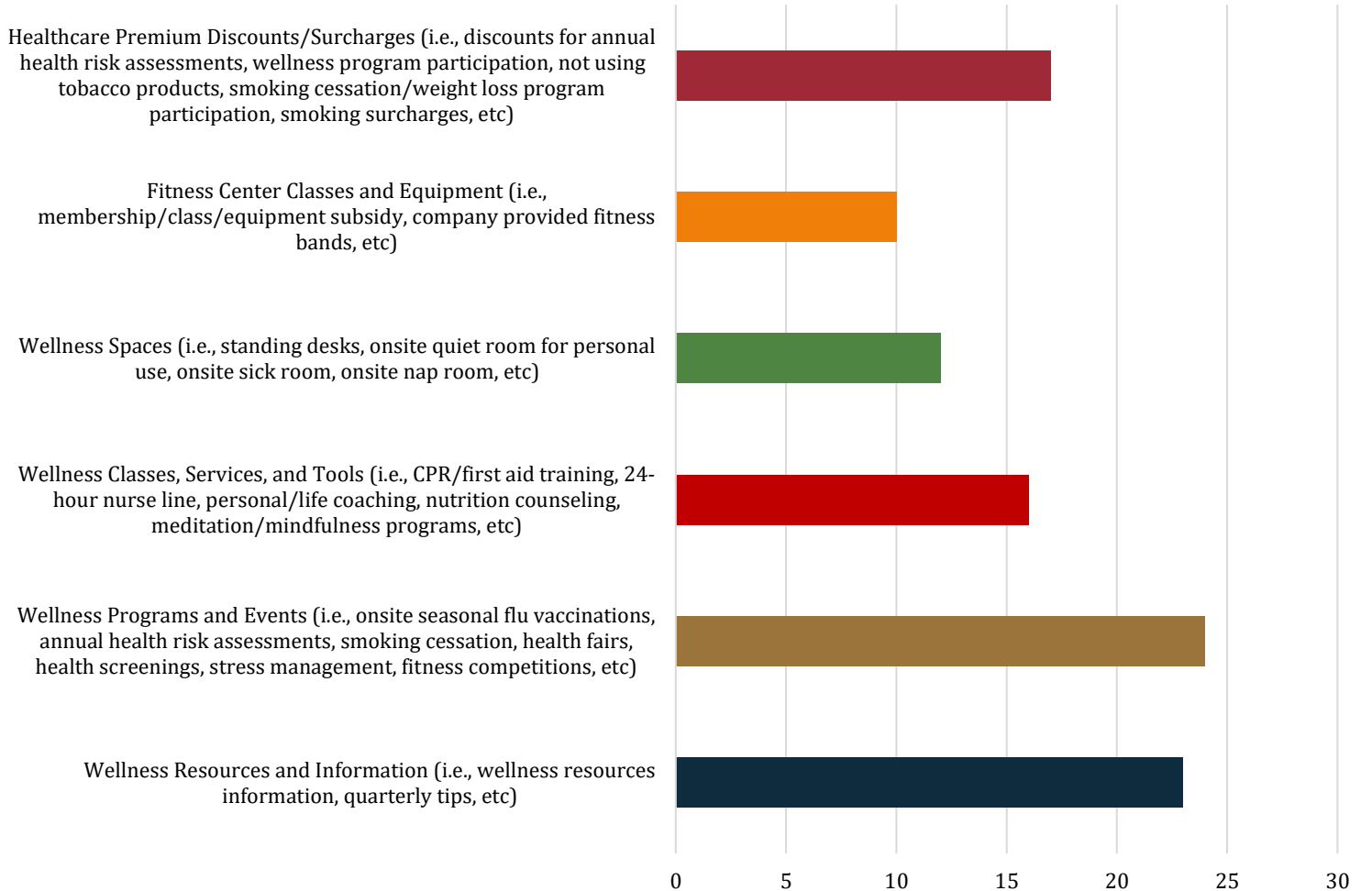


JSAHR Program Question of the Month

June 2018
35 Respondents

Wellness benefits offered by your organization



Which of the following benefits does your organization offer?

We offer only the onsite flu vaccine that the company pays for and standing desks for those who request it.
Our health insurance plan offers discounts for gym memberships and weight loss programs
Wellness Enrollment and participation throughout the year reduces the weekly medical premium rate of \$40 (single) to \$15 or \$65 (family) to \$25.
Surcharges
Unfortunately we do not offer any of these benefits.

What wellness benefit offered has had the most positive impact on your organization?

Flu shots - about 1/2 take advantage
Wellness classes in nutrition, weight loss
Healthcare premium discount
The reduction of weekly benefit cost
Premium discounts
Nutrition counseling
Cash incentives
Nutrition and fitness competitions
Assigned wellness coach at each site
Wright loss challenges
Premium discounts
Fitness Program & Smoking Cessation
Flu shots, Weight Watchers, Walking Program
EAP
Wellness Programs & Events